

PRIMARY MENU - Ampertaine PS

**school
food**

try something new today
www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.
£2.60**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks Or Sweet Chiili Chicken Panini Coleslaw/Salad Chocolate Brownie with Chocolate Sauce	Beef stew in Gravy Or Cottage Pie, Cabbage, Carrots Mash Potatoes Gravy Wheaten Bread Watermelon Slice & Yoghurt	Chicken Nuggets Garden Peas/Mash Potato Homemade Potato Wedges Gravy/Tomato Sauce Crusty Bread Kiwi and Strawberry Egg Sponge Square	Roast Chicken/Pork Loin Stuffing, Baton Carrots Broccoli, Mashed & Oven Baked Dry Roast Potatoes & Gravy Fresh Fruit Topped With Ice Cream	Fish Fingers & Beans Salad, Coleslaw, Chips, Mash Potato Or Pasta Bake Salad, Coleslaw Fresh Fruit & Yoghurt
Week Two	Pasta Bolognaise, Carrot Batons & Crusty Bread Or Chicken Goujon Wrap & Tossed Salad/ Homemade Potato Wedges Trio Of Fruits & Yoghurt	Oven Baked Fish Fingers Or Salmon Fish Cake Mash Potatoes Beans/Peas Gravy Chocolate & Pear Sponge & Custard	Steak Burger in Bap, Coleslaw & Homemade Spiced Cubed Potatoes Salad Strawberry Shortcake Stack	Roast Chicken/Roast Beef Stuffing Diced Carrot & Parnips Oven Baked Dry Roast & Mashed Potatoes with Gravy Summer Fruits & Yoghurt	Cheese Pizza Or Pizza with Chicken & Peppers Chips, Mash Potato/Salad Or Sweet & Sour Chicken Boiled Rice, Naan Bread Fresh Fruit & Yoghurt
Week Three	Chicken Curry with Boiled Rice, Carrot Sticks & Naan Bread Or Hot Filled Chicken Baguette, Salad& Coleslaw Yellow Melon & Yoghurt	Savoury Mince Or Cheese Pizza, Mash Potatoes Peas, Carrots Gravy Strawberry Swiss Roll & Custard	Oven Baked Fish Fingers Mash Potatoes Sweetcorn, Peas Gravy Chocolate Cookie Milkshake Chunk Banana	Roast Turkey, Stuffing, Carrots, Cabbage Mashed & Oven Baked Dry Roast Potatoes & Gravy Milk Pudding & Pears	Sausages, Beans, Chips/Baked Potato Or Lasagne, Tossed Salad/Chips Fresh Pineapple Ring & Yoghurt
Week Four	Oven Baked Fish Fingers Or Savoury Mince Mash Potatoes, Peas Carrots Gravy Watermelon Slice &Frozen Yoghurt	Pasta Bolognaise, Carrot Batons & Crusty Bread Or Homemade Chicken Goujons Spiced Cube Potatoes Coleslaw/Salad Plain Cookie/Grapes	Oven Baked Sausages Mash Potatoes Broccoli/Carrots Gravy Fruit Muffin/ Banana and Milkhsake	Roast Chicken Baton Carrots,Cauliflower Mashed & Oven Roast Potatoes & Gravy Fresh Fruit Topped Meringue Shell Drizzled With Custard	Beef Burger Chips/Beans Salad/Potato Wedges Or Chicken Fried Rice Curry Sauce Fresh Fruit & Yoghurt

Closed Halloween 28th 29th October
1st & 2nd November

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