



Ampertaine School Meals Menu

	29.04.19 – 03.05.19	06.05.19 – 10.05.19	13.05.19 – 17.05.19	20.05.19 – 24.05.19
Monday	Fish Fingers		Chicken Curry Boiled Rice Naan	Cottage Pie Peas, Brown Bread
	Or	School Closed	Bread	Or
	Chicken Drumstick, Mash Potatoes,		Or	Beef Burger In Bap, Herb Dice
	Sweetcorn, Peas, Gravy		Chicken, Cheese BBQ Hot Baguette,	Potatoes, Sweetcorn, Coleslaw
	Milkshake/Flakemeal Biscuit/Fruit		Baked Potato, Salad	
			Bun & Custard	Ice Cream/Wafer/Pears
Tuesday	Chicken Curry Boiled Rice, Naan	Pasta Bolognaise & Crusty Bread	Savoury Mince	Pasta Bolognaise Crusty Bread
	Bread	Or	Mash Potatoes, Cabbage, Gravy	Or
	Or	Pork Pieces in Gravy, Mash	Or	Pork Chop, Mash Potatoes, Mixed
	Chicken Stew Mash Potatoes,	Potatoes, Mixed Veg	Irish Stew & Bread	Veg, Gravy
	Broccoli	Milkshake/Shortbread Biscuit/Fruit	Fruit Salad	Sponge & Custard
	Bun & Custard		&Flake Meal Biscuit	
Wednesday	Savoury Mince	Fish Fingers	Fish Fingers	BBQ Chicken Drumstick
	Or	Or	Or	Or
	Pork Chop	Beef Stew	Roast Beef	Gammon & Pineapple, Mash
	Mash Potatoes, Peas,	Mash Potatoes, Peas, Gravy	Mash Potatoes, Carrots, Peas	Potatoes, Broccoli , Gravy
	Turnip, Gravy		Gravy	
	Jelly & Tinned Oranges	Chocolate Muffin & Custard	Jelly &Tinned Oranges	Biscuit & Custard & Fruit
		Oven Baked Sausage's	Roast Chicken	Roast Chicken
Thursday		Roast/Mash Potatoes,	Roast/Mash Potatoes,	Roast/Mash Potatoes,
	School Closed	Carrots, Peas, Gravy	Carrots, Broccoli, Stuffing Gravy	Carrots & Parsnip's Stuffing Gravy
	Election			Frozen Chocolate Mousse &
	Liection	Ice Cream/Wafer/Fruit	Chocolate Cake & Custard	Peaches
Friday		Cheese Pizza, Chips, Mash Potato,	Chicken Nuggets	Salmon Fish Cake
		Peas, Beans, Red Sauce	Or	Or
	School Closed	Or	Lasagne, Chips, Mash Potato,	Cheese Pizza, Chips, Mash
		Sweet & Sour Chicken Boiled Rice	Beans, Coleslaw/Salad	Potatoes, Beans, Savoury Rice
		Fudge Yoghurt	Fudge Yoghurt	Fudge Yoghurt
		Fresh Fruit	Fresh Fruit	Fresh Fruit

NB: Bread, Milk, Water & Fresh Fruit Served Alongside Every Meal

Price: £2.60







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